

THE INDIAN LEADER

www.theindianleader.com

Since 1897

“...the oldest Native American student newspaper”



The Midlands Collegiate Athletic Conference (MCAC) is in Danger of Falling Below 6 Team Minimum



The Midlands Collegiate Athletic Conference (MCAC) may fall below a minimum 6 teams needed in conference as Haskell’s student athletes plan their futures.

*by Charlie Perry
(with contributions from Dallas Rudd and Tyler Jones)*

The National Athletic Intercollegiate Association (NAIA) reports on their website that schools including; Oklahoma Wesleyan, Saint Mary’s College, Bellevue University and Waldorf College are planning

to leave the Midlands Collegiate Athletic Conference (MCAC) and relocate to new conferences within the NAIA leaving Haskell to ponder its athletics future. In an interview with Indian Leader reporter Tyler Jones, Haskell Interim Athletic Director Mike Tosee sees teams leaving the conference as a dollar and cents issue, “The biggest motivation for schools to move has been their budget. These schools want to go and play in areas that are more local.

According to NAIA rules found at NAIA.org, “a conference must have a minimum of 6 schools to remain officially recognized.” According to Tosee Haskell has hope with 3 potential conferences to join including; the Heart of American Athletic Conference, Kansas Collegiate Athletic Conference and the American Midwest Conference.

These potential conferences are a long shot for Haskell however, due to space and scheduling limitations. The Heart of American Athletic Conference currently has 12 members as well as The Kansas Collegiate Athletic Conference. The American Midwest Conference currently sits with 13 member institutions. There’s also an option

Coffin Complex.

Haskell recently came off a two year athletic probation handed down by the NAIA. ESPN reported in September 2012 that “In May, (Haskell) announced investigations by the university and the Department of Education into claims that two student-athletes had falsified ACT scores dating back to 2008. It was not immediately clear if the NAIA’s action was related to those allegations.

Haskell’s investigation resulted in “official action on the employees and students involved, and the discovery that three other students’ transcripts were manipulated, the university said in a news release at the time. Two employees involved no longer work at Haskell, the release said, and some games were to be forfeited. The release also noted that changes had been made to the schools’ database and admission process.”

MCAC commissioner Al Waller told ESPN in September 2012, “They’ve had some issues in the past with eligibility problems, so I think that’s one of the reasons the NAIA came

down pretty hard on them, I know they have a lot of trouble getting information on student-athletes for eligibility purposes,” he said. “We try to work with them as much as we can. We know it’s not an easy situation.”

This situation has forced many student athletes on campus to entertain the option of transferring to other institutions to continue to play. Members of the Haskell men’s basketball team recently spoke out about the possible loss of athletics. Men’s basketball freshman forward Chris Turley stated, “The only reason I am at Haskell is to complete a goal I set for myself back in 2007 to play basketball. I wouldn’t continue my education at Haskell if they cut the program.” Turley added, “Haskell has a rich tradition of sports and taking that away is disrespecting all Haskell alumni and future athletes.”

Sophomore basketball shooting guard Zack Bruns also weighed in on the issue. “Athletics is the only reason why I’m in school. If it wasn’t for basketball at Haskell I would join the military.”

Basketball junior forward Dallas Rudd stressed the importance of athletics as a path to academic success,” I feel like the university should do whatever they can to keep athletics going. The athletics program has given hope to many students that may have never received a college education otherwise. Through athletics we’re able to continue our education and get a degree. This helps with the further advancement of Native Americans.”

If Haskell ends up dissolving the majority of its sports programs students still have the option of playing intramural athletics which could serve as a competitive and cost effective alternative.

(Continued on page 8)

IN THIS ISSUE

	PAGE
MCAC CONFERENCE	1
NATIVE ON NATIVE BULLYING	2
CHANGE WITHIN	3
OFF CAMPUS STUDENTS	3
SOCIAL MEDIA	4
CAMPUS QUERY	4
MASCOT CONVERSATION	5
BROKEN TREATIES	6
SPRING BREAK	6
MIDTERMS/EXERCISE/CHECKS	7
SUMMER SCHOOL	8
HASKELL RESURGENCE	9
MENS/WOMENS BBALL	10
BAKER HELPS CHILDREN	11
CROW FEATHER MEMORIAL	12
MISS HASKELL/BRAVE	12



Indian Leader Staff

Editor-in-Chief

Charlie Perry
cperry52@rocketmail.com

Assistant Editor

Lori Hasselman
lori.hasselman@haskell.edu

Secretary

Raquel Butler
raquel.butler@yahoo.com

Student Senate Rep

Krystal Neal
krystal.neal@Haskell.edu

Advisors

Rhonda LeValdo
rlevaldo@haskell.edu

Brent Cahwee

bcahwee@haskell.edu

Contact Info

(785) 749-8477

The Indian Leader
155 Indian Ave. Box #4999
Lawrence, KS 66046

Letters to the Editor

As a student or member of the Haskell community it is our job to ensure you are represented to the best of our ability. Please send in any concerns, issues or other info that you would like to see within The Indian Leader.

All letters received are subject to edit, refusal or publication. By submitting a letter you are giving us permission to publish and edit. You also acknowledge that you are the author and accept all responsibilities. Your full name, Haskell email and cell number, if you have one, MUST accompany all submissions and are subject to verification.

--Thank You--



Native American Journalists Association

Native on Native Bullying is an Epidemic that Must Come to an End

by Hallie Long

Students its time to stand idol no more against campus bullying.

Bullying is here to stay. You may think that it is a thing of the past but it is still around. Whether it is inner tribe bullying or racial bullying still exists. Bullying can be seen in many different ways. Sometimes you may not know that you are bullying someone. A common way of bullying that happens on campus is calling someone white or black. We are all Native American or else we would not be here at an all Native college. Some of us just may not have as much blood quantum as others. We may not be as dark, but we are still Native Americans. Just calling someone a light skinned Indian or other things like this may bother the person, therefore it is considered bullying. Be careful what you say to others. We are supposed to stick together as Native people and pick each other up instead of tear each other down.

If you suspect that someone may be bullying someone else. Make sure you tell someone. If someone is being bullied it can really tear them down and they may make choices that they may not make if they were in their right thinking. Do not just stand idle and let bullying happen, take a stand. Whether bullying is based on race, sexual preference, or so on, no one deserves to be bullied. Being bullied can always lead to something more but if it is caught in time the person can receive help. Help may not always work but it is a step in the right direction. Before you bully someone just know that you may not be the only one who is struggling.

If you need to talk to anyone about anything you should always feel free to go to the Counseling Center. The counselors there are trained and always willing to talk and help students in any and every way that they can.

According to www.stopbullying.gov there are warning signs that you should look out for. Some signs that may point to a bullying problem are:



IA Native American boy pulls the hair of a Native girl. Photo obtained from thehuffingtonpost.com.

- Unexplained injuries
- Lost or destroyed clothing, books, electronics, or jewelry
- Frequent headaches or stomach aches, feeling sick or faking illness
- Changes in eating habits, like suddenly skipping meals or binge eating. Kids may come home from school hungry because they did not eat lunch.
- Difficulty sleeping or frequent nightmares
- Declining grades, or loss of interest in school work, or not wanting to go to school.
- Sudden loss of friends or avoidance of social situations
- Feelings of helplessness or decreased self esteem
- Self-destructive behaviors such as running away from home, harming themselves, or talking about suicide.

If you know someone in serious distress or danger, do not ignore the problem. Get help right away.

According to www.pacer.org some statistics on bullying are:

- Nearly 1 in 3 students (27.8%) report being bullied during the school year.
- 19.6% of high school students in the US report it; only 36 percent reported the bullying.

- More than half of the bullying situations stop when a peer intervenes on behalf of the student being bullied
- School-based bullying prevention programs decrease bullying by up to 25%.

Effects of bullying are:

- Students who experience bullying are at increased risk for depression, anxiety, sleep difficulties, and poor school adjustment.
- Students who bully others are at increased risk for substance use, academic problems, and violence later in adolescence and adulthood.
- Compared to students who only bully, or who are only victims, students who suffer the most serious consequences and are at greater risk for both mental health and behavior problems.
- Students who experience bullying are twice as likely as non-bullied peers to experience negative health effects such as headaches and stomach aches.
- Statistics about bullying of students of color are:
- More than one third of adolescents reporting bullying report bias-based school bullying
- Bias-based bullying is more strongly associated with compromised health than general bullying.
- Race-related bullying is significantly associated with negative emotional and physical health effects.

How Can We Hope to See Change if We Do Not First Change Ourselves?

by Wanbli Bluebird

The times, they are a changing, evolving slowly like the ocean pounding the shores of our inner islands. It has always been difficult for human beings to comprehend the illusion of time. Like the little animals we are, we seldom realize that our existence is but the second hand clicking past the notches of the clock of universal nirvana.

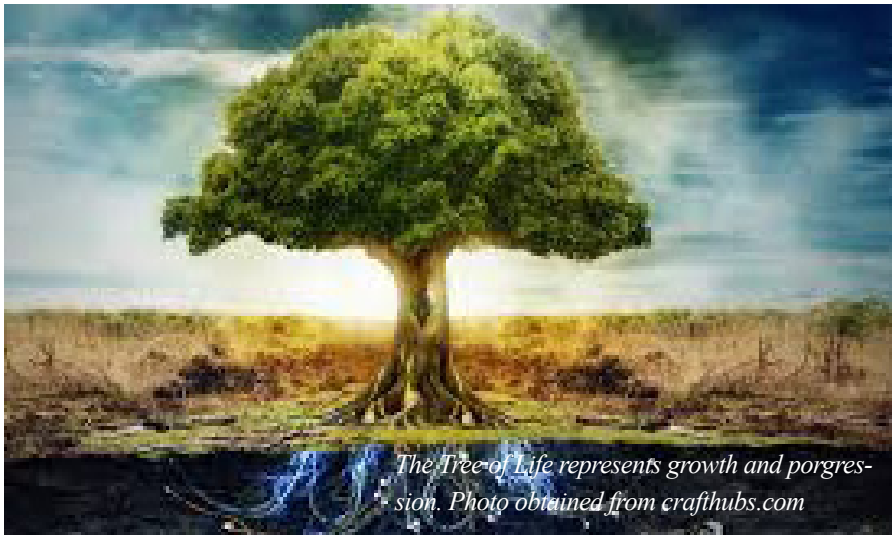
Hate, anger, jealousy, drama—all these things exist as human-made psychological pollution filling the subconscious air with the emotional soot of our own

personal ignorance. And so we exist today trying to grasp the meaning of life out of the everyday rubble of politics, racism and stress. These factors forbid our emotional spirituality to grow from our evolved seeds that were planted for us by our ancestors long ago. We destroy ourselves unknowingly by misleading our own inner child into believing that adulthood is nothing more but a responsibility best left unprovoked. In this way the ignorant adults remain childish and the angry remain violent. Hate, as it seems, is easier to express than compassion. Through this we sever the spiritual plant at the root and allow the weed of Indian reservation to pollinate the seeds of our next generations.

Alcoholism is a factor in the destruction of our people but these words, spoken or written, fall on deaf ears and unconcerned personalities. Alcoholism is the destroyer of our children, it is the emotional torturer of our children, and it is the bruise on the face of our grandchildren, yet many still evoke this demon every day to possess our sacred beings.

Such is also true with racism. We cannot justify our racism toward another race because we aren't strong enough to confront the discriminator with pride and compassion. We cannot look at the issues if we are racists ourselves. Hate breeds hate;

it's an evil that contaminates the walls of your soul. It seems that many have become the image of that which they have been advocating against, no matter what color they are.



Isn't it ironic that we are all supposed to be civilized and yet we act out uncivilized behavior? Even the word civilized is looked upon as a racial slur just as the word god is. The obvious reasons we learn to hate other people is because of a total lack of the spiritual understanding our parents had of their religious teachings; many children today aren't taught that racism is against all religions, even native. All religions teach humanity.

The key to solving the issues of humanity doesn't lie in a leader, or a government, but sit silently within us all. When we discover this sacred part in ourselves then we can see the truth in it all. We become confident in ourselves and so we find that we have been wasting a lot of time, energy, stress, and life fighting ourselves and our own insecurities when we could have been finding the answers in the teachings of the Great Spirit. When we awaken within ourselves and keep it to ourselves and discover that spirituality isn't something that we sell, or use against others or gain an ego from then we can confront our addictions to the drugs of drama, stress, racism, and low self-esteem. Only after this can we begin to heal the physical health of our nations. Spirituality is the all-curing medicine for all humanity.

Yes, the times are changing, we are

changing, but in order for us to have a small piece of nirvana we must use our spiritual teachings to look beyond the color of skin. We are all born with a gift to see beyond the issues; it is important that we seek truth in the lessons of everyday life. Take a good look around you and ask yourself 'what do I see?' Look at the reservation, the community, the land that is our life giver; look at the leader and the children and you will see that we have been overlooking the reality that plagues us all.

Humans today live in a reflection of themselves, and if it is an unhealthy environment then their health is physically effected; if the land is littered then they are internally littered with sickness; if the communities are violent then they are accepting violence as a normal behavior; if the people are consumed by alcohol then the minds of the people are hidden from all this reality.

But also this applies to other races. If the parents are bigoted toward other races then the children become unknowingly taught and comfortable in their racist behavior, and how many times have the words 'I am not racist' drifted from the lips of the ignorant like leaves in the fall? Human beings cannot unite; it's impossible, because the ego eats at the confidence of the soul replacing it with the root of racism and hate. When people hate themselves they develop an ego for a mask to hide their insecurities, they become the abusers of other human beings and are their own worst enemy because eventually they destroy themselves.

Reconciliation isn't a usable term; it's a solvent to clean the dirty issues of racism. We must rely on the common ground in which we all live and together change the issues that divide us as a community. It is only through open dialog that we can mend the issues that affect our lives.

Off-Campus Students Can Stay Connected

by Trenton Bell

For off campus students attending Haskell Indian Nations University it can be difficult to keep up with on campus activities, but do not worry, there are many options all students have to keep up with all on campus activities.

The first and foremost option that any person has the opportunity to use is the Haskell website (Haskell.edu). The Haskell Website provides information about all student and non-student activities on campus along with any other School orientated business here at Haskell. Jesse Burnette, an off campus student stated when asked "Well for the most part I just depend on my friends to keep me updated, but if they can't help I usually just get on the Haskell website."

If you are attending Haskell and are not familiar with building locations, then you should visit the Haskell website where it will provide an in depth map of all campus building. A very important building you should locate is Sequoyah, where you will find the student success center. In the student success center, you can find many different forms of information about activities, such as flyers and posters and also a whiteboard outside the SCC with information about Haskell deadlines and activities. Dominic Goseyun Says "I'm never really worried about on campus stuff, but if I can't find things out from my friends I just go to the SCC."

Haskell also offers many different clubs that Students can join to keep up with activities, one club that off campus students can join is the Off Campus Club lead by Lorraine Jessepe. This club can be joined by any student attending Haskell and can be very informative to any student wanting to be more involved at Haskell.

Is Social Media Destroying Our Society?

by Derek Ziegler

An over dependence on social media, as well as technology, is hindering the future of our youth. A simple sitting at the dinner table with friends or family has no conversation about how one's day has went, the only sharing involved is a Facebook status update. Are we in a crisis?

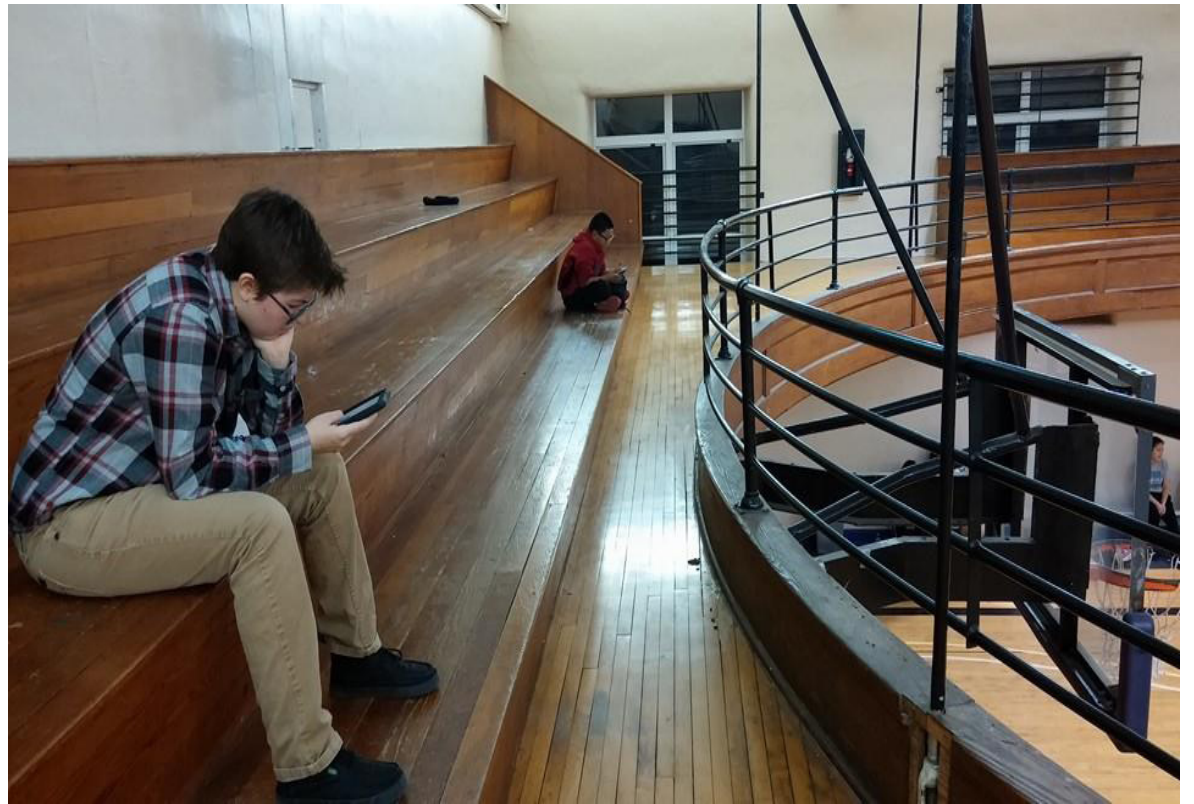
When conversations are about a person saying proudly "I have 3,000 friends on Facebook" my response is "No you don't." A friend and an acquaintance are now tending to get mixed up. When someone is interested in another person, there is a new approach, they will either press the add or poke button. "Too often at events or parties, guests are attached to their smartphone's tweeting or texting, but no one is truly engaging or interacting with the people around them." According to college.usatoday.com.

We are slowly seeing the negative effects of social media. In the early 2000s, Facebook was introduced. When operation Iraqi freedom started, the service men and women who served overseas mostly still used the method of pen and paper to communicate with their families. Now it's a quick check of the log in thanks to

our advancements in technology.

Social media is also being used as a diary. The definition of a diary according to Webster's New World Dictionary is, "a book in which one keeps a daily record of personal events and experiences." Our generation's privacy is being presented to the world in which we get caught up in. One of our problems is being caught up one another's personal situations.

An article from college.usatoday.com stated, "People tend to want to show others that they are having fun than actually having fun themselves," said University of South Florida graduate Mark Clennon. "There's a greater desire to share with other people you barely know, than actually hanging out with friends and making memories," he added. All the "friends" or a follower on social media is our audience. We want to



Is social media stifling our social skills? Photo by Charlie Perry

give our audience a show. That can vary from how great your life is or how bad it is.

According to thoughtcatalog.com, "We become seemingly too busy caring about the people we hardly know inside these machines; then we can no longer balance worrying about things with which we should be concerned, such as real-life relationships, skills, and (probably the

most unfortunate) ourselves."

Our social skills are disappearing due to social media. Some now are even surprised when one approaches another with a greeting, compliment, or an introduction. Will our lives be dependent and revolve around social media for the rest of our generation? Will we get swept up in the social media maelstrom? Only time will tell.

CAMPUS QUERY : What are your plans for Spring Break?



"I am going to Florida with my family. It's been awhile since we've had a family vacation so I'm really excited!"

--Baron Hoy, Freshman



"I'm staying here (on campus). I start an internship at KU through the 500 Nations bridge program. I'll be working in a research lab at KU over the summer and during spring break I start training."

--Taylor Hall, Sophomore



"I am going to AIHEC (American Indian Higher Education Consortium) in Albuquerque. I was invited to the Coca-Cola First Generation Scholars & Student of the Year Banquet as the Haskell Coca-Cola scholar."

--Owie Tsosie, Junior



"I'm going home to Arkansas City, KS. I turn 21 Wednesday so my friends and I will probably go to Bricktown in OKC for my birthday."

--Asia Budd, Sophomore

“The Committee of 101” in Partnership with the Kansas City Chiefs Annual “101 Awards” Sparks Mascot Conversation

by Charlie Perry (Photos by Reid Williams)

Kansas City Chiefs staff members and NFL players and coaches alike weigh in on Native American mascot controversy at “101 Awards” afternoon press conference.

Kansas City-The 46th Annual “101 Awards” were held recently by the “The Committee of 101” to honor the NFL’s best and brightest. This afternoon’s press conference at the Westin Crown Center Hotel featured honorees including; Arizona Cardinal’s head coach Bruce Arians (Coach of the Year), Seattle Seahawks Cornerback Richard Sherman (Defensive Player of the Year), Pittsburgh Steelers wide receiver Antonio Brown and running back Le’Veon Bell (Co-Offensive Players of the Year). The event also featured former NFL Commissioner Paul Tagliabue as well as representatives from the Chiefs organization including team owner Clark Hunt and President of Operations Mark Donovan.

There has been much controversy over the past year in regards to Native American mascots and appropriation. Chiefs President of Operations Mark Donovan took a



Former NFL Commissioner Paul Tagliabue addresses members of the press at the Kansas City Chiefs 46th annual "101 Awards."

moment to state the Chiefs organization’s stance on the issue, “We’re trying to create awareness and I think the best thing that we did was go to a group of experts in the community who understand the issues and have their take on it. We opened a dialogue and that dialogue led to a lot of awareness internally in our organization. We have a working group of 8 people who are all from the Native American community

and we’ve talked a lot about what the issues are and what we can address. We together try to attack the problem.

What was provided to us from that group was that we really need to try to educate people. We’ve talked about why certain things were really important to us as an organization. We really focused on the traditions of Arrowhead and how they impact each side.

One of the things that came out was the drum that we use to start our day. We have a different Chiefs celebrity bang the drum to start each event. The group talked about the meaning of the drum and it was very enlightening to us to know the meaning of that. Knowing that now, we asked, how our organization can make this a better situation for both sides.

us was that all Native Americans want is to be shown respect. We really embraced that and brought out the group, where there was a blessing of the 4 directions, as well as a blessing for the drum. We felt better about it and the group we worked with felt better about it.

That was the first major step we took. The next major step we are taking is to create awareness for our fans. Every game from November on, we passed out information to our fans so they for example could understand the significance of a headdress. For many fans, when they put on a headdress or paint their faces they are unaware of how that affects (Native American) culture. With a little education and awareness we hope to provide the right information to help them make the right decision. We’ve had a great partnership with Native Americans, and we believe it’s about continuing this partnership, and moving forward together.”

Seattle Seahawks corner back Richard Sherman in May of 2014 was quoted in “Time Magazine” stating, “We have an NFL team called the Redskins. I don’t think the NFL really is as concerned as they show. The NFL is more of a bottom line league. If it doesn’t affect their bottom line, they’re not as concerned.”

Seattle Seahawks corner back Richard Sherman in May of 2014 was quoted in “Time Magazine” stating, “We have an NFL team called the Redskins. I don’t think the NFL really is as concerned as they show. The NFL is more of a bottom line league. If it doesn’t affect their bottom line, they’re not as concerned.”

Sherman took a moment today to reiterate his point, “Nothing has changed either way it’s the same as it was. I stand by everything I’ve said. Eventually something will happen. Sometimes it takes a while as we’ve seen through U.S. history in regards to race. Everyone deserves to be treated equally.”



Kansas City Chiefs President of Operations Mark Donovan discusses the Native American Mascot controversy with Indian Leader Editor, Charlie Perry.

The group’s point to

(Continued on page 12)

Broken Treaties

by Rachel Whiteside

A display of broken treaties will be at the Nation to Nation exhibit in The National Museum of the American Indian showing the documents throughout United States history. Out of 374 treaties that were ratified only eight were selected for the Nation to Nation exhibit with the Museum commenting “often broken, sometimes coerced, treaties still define mutual obligations between the United States and Indian Nations.”

Professor Cody Marshall, Haskell American Indian Studies, explained his theory on why the United States government never fully commits to treaties saying, “It all comes down to the first treaty signed in 1778 with the Delaware Tribe that was broken one year later.” This is what led the government to its repetitive behavior. Marshall went on to say, “The government never technically ‘breaks’ a treaty, they don’t justify

it as breaking in the eyes of Congress instead it’s called abrogating which means to change or retract the treaty.”

In discussion with a group of students at the Roe Cloud dormitory, Canté England said, “It really surprises me that the museum is showing this exhibit so close to the government. It’s basically calling them out on how inappropriate and shady their treaty making with the Native Americans was.”

An article in The New York Times written by Edward Rothstein titled “Understanding Wasn’t Mutual” pointed out how the mistreatment of Native Americans was underrated but the exhibit didn’t really do it justice. “These agreements, the sale of Indian lands, and the forced removal of tribes, reduced Indian territories to archipelagos,” said Rothstein. For example, the most famous treaty to

be broken was the Treaty of Fort Laramie in 1868. The United States government wanted the gold in the Black Hills, which was under Lakota Territory so they procured it by force.

Although it is not the museum’s intent on portraying the United States government as cruel and merciless, the point it’s trying to get across is the mistreatment of Native Americans by failing to commit to a treaty. The exhibit does also give information on both sides of the history with the treaties between completely two different cultures by showing both faults to the agreements signed. They explain how some treaties weren’t all broken by the government first. To see all of the Native American history with treaties and the United States government the Nation to Nation exhibit will be open until the fall of 2018 at the National Mall in Washington D.C.

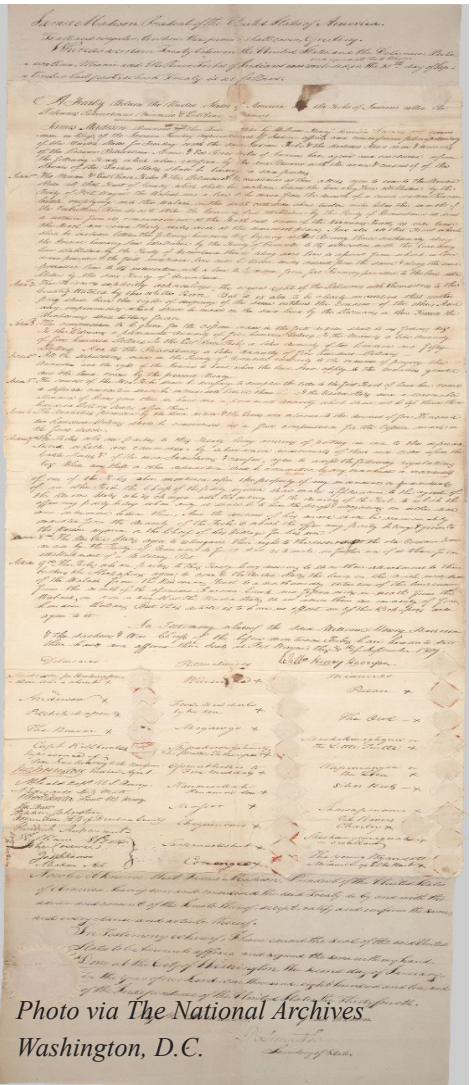


Photo via The National Archives
Washington, D.C.

What is there to do during Spring Break?

by Deron Suneagle

Students staying at Haskell University for the duration of spring break (March 16th – 20th), will have the option to participate in the carefully scheduled events produced by the Student Activity Center.

“I won’t be able to make the trip home so I will be staying at Haskell, but I plan to have fun,” said Cheyenne Sun Eagle - Haskell student. Promotion of the scheduled events will be posted a week in advance of spring break by way of flyers and the Student Activity Facebook Page.

While no official word yet as to what events are to be scheduled, past events have included:

- Movie Tickets
- BBQ/Cook outs
- Bowling
- Ice skating at Kansas City plaza
- Trip to the Legend Mall

Transportation will be provided to all activities by the Student Activity Center. In order to participate current Haskell students need to sign up for events and show their



The Lawrence Arts Center.

Haskell I.D. Student’s names will be marked off an official roster provided by Navarre.

“In the past former Haskell students living in



The Student Activities Dept is located in Tecumseh Hall.

Lawrence have tried to take part in events by showing their old Haskell I.D. cards”, stated Leandra Galindo – Student Activity Center employee.

Suggestions on events and activities for spring break are always welcomed, students can drop off suggestions from 1pm – 10pm at the Student Activities Center located in the Tecumseh building.

In addition, Haskell students are

encouraged to enlighten and emerge themselves in the local culture of the city. The Lawrence Art Center is a good place to start (located at 904 New Hampshire St.) and it contains art classes, an art gallery, an art theater, and a listing of local events.

Coming up is the 28th Annual Lawrence St. Patrick’s day parade, on Tuesday, March 17th, 2015, which will start in downtown Lawrence and ends at the Kansas River Bridge.

Tips for the Midterm Crunch

by Trenton Bell

Midterms are approaching fast, be prepared for late nights and early mornings. Midterms can be tough on a student especially if there are multiple exams scheduled in one day. College students have to manage their time to devote study to all courses that have a midterm exam. It's important to prepare ahead of time to reduce the effects of that added midterm stress. Here are a few tips to stay on top:

- Keep the mind and body alert! Sleep and nutrition are very important so avoid things like cigarettes, caffeine and alcohol prior to tests. "I try to stay away from things like candy and pop when preparing for tests. I also

try to get as much sleep as possible to keep my body and mind healthy," said Haskell student, Tashina Jim.

- "Organization is key," says Jordan Evans. "I set a schedule for when I want to study and also keep all my notebooks and study material in a nice neat order." Jordan also states, "A few 30-minute sessions a day helps me recollect more information on tests."
- Participate in extra help/review sessions if offered by the professor or create a study groups with classmates. Attending review sessions may further clarify information. Jesse Bur-



Students stress during midterms.

nette says, "I usually try to ask people in my class if they want to have a study group. Hearing other people's inputs before tests always helps me."

The same tips can be utilized for finals as well as midterm exams. Students can always keep in mind for either that a nice spring or summer break awaits once exams are over.

Extra fries, Extra size, Exercise!

by Kylie Berryhill

Thirty minutes is all someone needs for a daily workout. The Department of Health and Human Services recommends 150 minutes a week (30 minutes for 5 days) or 60 minutes to control your weight and to lose a substantial amount of weight, 90 minutes. Joe Bointy, health instructor agreed, "If you're looking for a general fitness level, 30 minutes will be plenty."

There are four types of exercises: endurance, strength, balance and flexibility. Endurance or aerobic includes walking, jogging, and dancing. Strength works your muscles, which is lifting weights and resistance bands. Balance deals with heal-to-toe walk and standing on one foot. Flexibility stretches your muscles, shoulders, arms, calves,

thighs, and can be accomplished with yoga. Stretches should be done before and after every workout. "We're ranked #1 with risk of diabetes in the country," said Bointy when asked about the importance of exercise for Native Americans. "If people would learn to be active, diabetes would be lower."

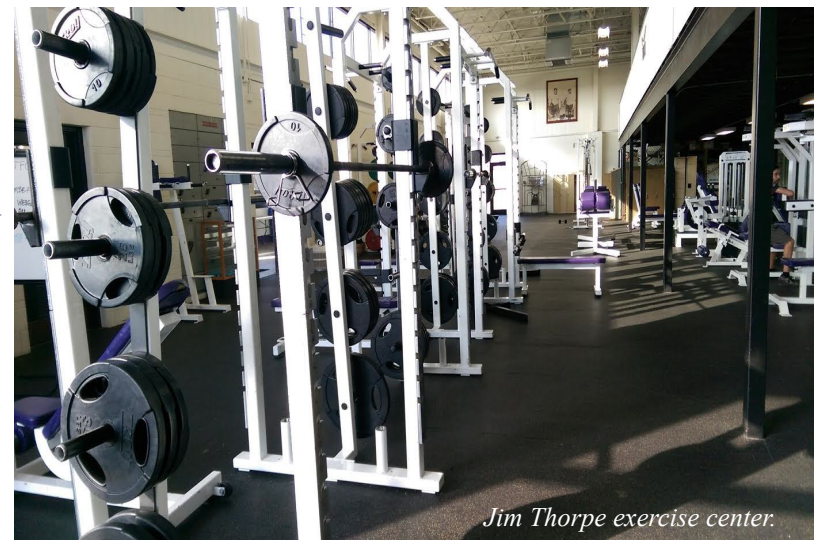
Mayo Foundation for Medical Education and Research says, physical activity stimulates various brain chemicals that may leave you feeling happier and more relaxed. You may also feel better about your appearance and yourself when you exercise regularly.

Marcell Grant, Haskell student who is on the track team said, "Working out gives you endorphins and makes

you feel good."

Jim Thorpe Fitness Center is located on Haskell campus between Navarre and Ross Hall and is open Monday-Thursday from 7:00 a.m. -10:00 p.m., Friday 7:00 a.m.-1:00 p.m., Saturday and Sunday 1:00 p.m.-5:00 p.m.

Open gym basketball at Tecumseh for girls is 4:00 p.m. -5:00 p.m. and



Jim Thorpe exercise center.

boys are 6:00 p.m.-7:00 p.m. Zumba fitness is Tuesday and Thursday 7:00 p.m.-8:00 p.m. at Osceola-Keokuk Hall in the upstairs classroom. The pool in Coffin complex is currently closed for night swimming due to no lifeguard available.

Check Frustration

by Marissa Torres

Students at Haskell that rely on scholarships are frustrated when checks are not disbursed as soon they would like. "I think it should be more organized, so that students living off of scholarships don't have to wait that long", commented Deanie Lucero, current student at Haskell.

Carlene Morris, financial aid coordinator stated, "that it depends on what

scholarship it is and the scholarships requirements."

There are two different scholarships categories, need and merit. Merit is solely based on GPA. Need is the remaining sum to pay off school. "Students need to be patient. We try really hard to breakdown the process. When checks are distributed, it goes to the Haskell Foundation and where they process the check. After

that the check goes to the business office and lastly it gets transferred to the financial aid office. From there the business office sends out an award letter informing the students the check is ready to be disbursed. I advise students to check with their tribes if it comes from their tribe, check their Haskell email, and then call and check with us also. I'm okay with kids coming in every-

day checking to see if anything has changed," commented Morris.

The process may take longer depending on what the scholarships donor wants to do with the remaining sum of the money. "Some tribes will keep the remaining sum or make a mistake and have to send the check back before it gets to the student."

Summer School to be offered in 2015

by Marc Crooked Arm

Haskell did not offer summer school last year but this year it is available and offers some great benefits depending on individual student goals.

For example, students who wish to pursue an associate degree can utilize summer school to get some general education requirements out of the way. Student athletes who need to train over summer or practice can take advantage of summer school. Students who want to get to know Lawrence better can also take advantage of summer school courses.

Summer school will be on a condensed schedule and adjusts the courses accordingly having classes meet every day with different assignment expectations than the normal year. Dorms are open during summer session for student housing needs as well.

Dominic Goseyun, Haskell sophomore, has taken courses during the summer before and admitted, “It was kind of tasking— teachers aren’t as lenient and are more rapid with their teaching, but there’s also more one-on-one time with teachers.” However, Goseyun also indicates this difficult structure can help keep students focused saying, “It keeps you in that productive mindset. For me personally, the summer might

not have been as fun— but academically it was a good way to spend my summer.”

Communications instructor, Tyler Kimbrell weighed in on the difficulties a condensed schedule poses saying, “This will be my first time teaching in the summer and it will

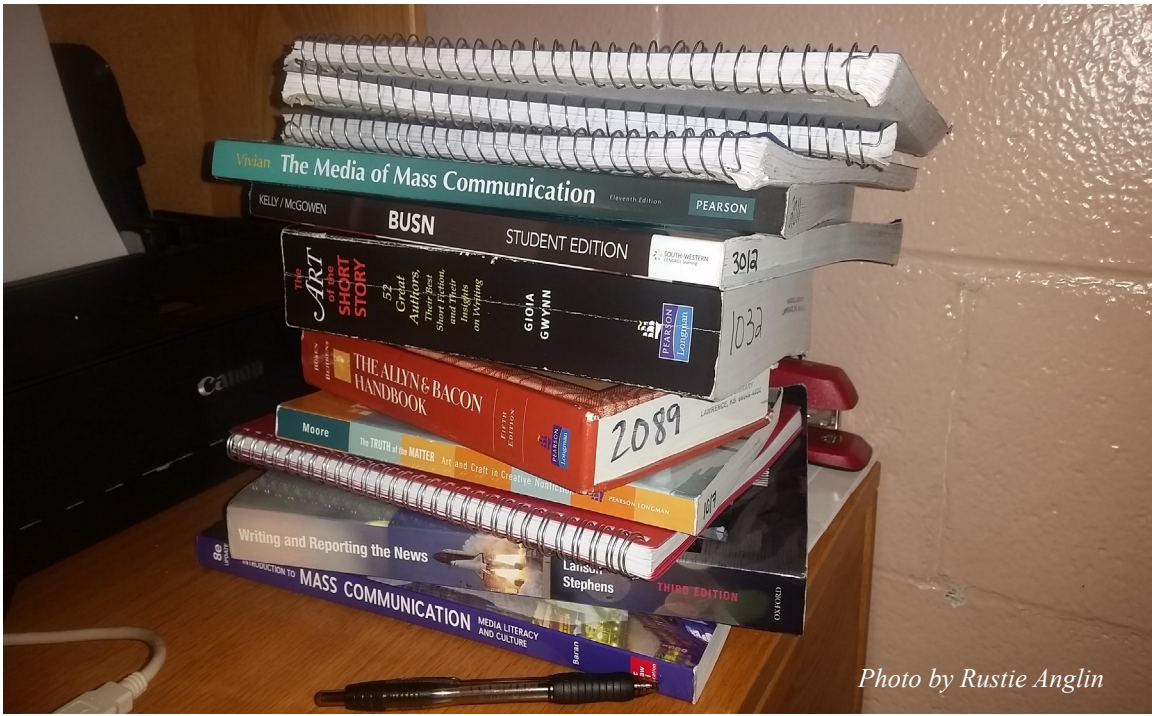


Photo by Rustie Anglin

definitely impact my courses. I’ll be lessening the workload— I can’t have something due every day, of course or students will fall behind. It’s not like teaching a normal semester.” However, Kimbrell believes that the benefits are quite necessary to some students saying,

“Summer school provides an opportunity to meet the expectations that students have, like how students want their degree in a timely manner.”

It can be tempting for students to head home to enjoy their entire break with their friends and fam-

ily but Kimbrell believes there are merits to staying in school. “Some students can’t wait to get home, but for others it helps to continue learning. I believe it’s a great idea to continue to learn instead of sitting at home letting your brain turn to mush. If you’re not in an internship

or something of the like, why not go ahead and inch toward that degree,” said Kimbrell.

Whatever student motives may be, summer school can help. Haskell student, Jesse Burnette, has experienced summer school firsthand can attest that “summer school can

definitely help you get your prioritizing down. The class structure can help you build discipline because absences are not tolerated. And if you have a group of friends with you, it will really build a sense of comradery with the people who attend since everyone normally heads home,” said Burnette.

According to a memo from Haskell President, Venida Chenault posted to the Haskell website, summer

school enrollment will take place in conjunction with the regular Fall pre-enrollment schedule April 6-17, 2015. The summer school schedule is currently being identified and the 6-week program will being one week following the Spring 2015 graduation.

MCAC in Danger of Falling Below 6 Team Minium

(Continued from page 1)

Interim Activities Director Rex Cully offered reassurance that athletes would continue to have a venue to compete. “Most of the sports that might go away are offered by the Haskell Activities Department. Our Intramural division offers sports such as; softball, volleyball, basketball, and flag football. We are also looking at offering a runners club to students as well.

There’s also the cultural aspect of the university that student athlete transfers will be losing as well.

The Gender and Education: An Encyclopedia; Part III Institutional Contexts for Tribal Colleges and

Universities states, “The founders advocated a philosophy that supports a dual mission, which is still adhered to by leaders of the Tribal College Universities (TCUs), to protect and enhance their own cultures including values, traditional stories, and languages while at the same time embracing many of the tools of standard postsecondary education. TCU leaders recognize that they cannot just prepare tribal students to be proficient in their own cultures but must also prepare them to be proficient in the non-Indian world that surrounds the tribal communities. They have to prepare their students to live biculturally in two very different worlds.”

The text goes on to say, “Many in the American Indian world believe that TCUs are the best thing to have happened for American Indians in the past 120 years since the last free American Indian people were relegated to a reservation. Today TCUs constitute 0.01 percent of post-secondary education in the United States; yet, the American Indian College Fund (AICF) states that TCUs educate nearly 18 percent of the entire American Indian student population enrolled in higher education within the United States.”

Many Native Americas believe that our most important values lie in holding on to our; traditions, lan-

guages, histories, and ways of life. Haskell puts precedence in preserving these values. The universities vision statement says, “Haskell is a unique and diverse inter tribal university committed to the advancement of sovereignty, self-determination, and the inherent rights of tribes.” Haskell’s mission statement goes on to say, “The mission of Haskell Indian Nations University is to build the leadership capacity of our students by serving as the leading institution of academic excellence, cultural and intellectual prominence, and holistic education to address the needs of Indigenous communities.

Haskell to Host Resurgence Event

by Diane DuBray

Haskell clubs have joined together to host an event by inviting influential speakers to bring awareness about the university’s mission statement.

“This event is in collaboration with Haskell administration and a plethora of student clubs and organizations. This is event aims to shed light on the checkered past of institutional assimilation and secure a bright future for the education of indigenous peoples. With guest speakers and internationally renowned performers, the focus of the event is on the reaffirmation of Haskell’s accreditation and Haskell’s role in shaping the future leaders of Indian country. In collaboration with the guest performers we aim to spread awareness of Haskell’s mission statement, the vision of Haskell, and Haskell’s institutional values. We hope to bring success to Haskell in an upcoming visit of the Higher Learning Commission in April,” stated Haskell student, Marcus Bar-noskie.

To sum up the mission statement into three words, Dr. Theresa Milk says Haskell Mission statement means, “Serenity, culture, empowerment”.

Another student Derek Ziegler commented, “This event is going to focus on the Haskell Mission for every student. That’s for the Native Americans students to succeed and give back to their communities, also for students to come out and hear

the message our special guests that are making international attention. We are important people. We need to come together and focus on the bigger issues that will affect us now and years to come.”

The performers are: Frank Waln a hip hop artist featured on MTVs Rebel Music, Scatter Their Own, a Native-rock, indie/alternative band, Sihasin (Navajo word for Hope) is a Native American Nammy award-winning duo, Haskell Alumni and filmmaker, Steven Paul Judd will premier his short film, Ronnie Bo-Dean, and Olympic gold medalist Billy Mills.

There will be door prizes available and the public is welcome.

The event is scheduled the weekend after students return from spring break.

Haskell Resurgence Schedule

Wednesday, March 25th

Time: TBD Billy Mills: Billy Mills will present a tapestry of the value of Haskell and it’s legacy, sharing its history as a boarding school, discuss education as a catalyst for the future of Native People, and discuss his olympic story coupled with reservation life.

Friday, March 27th

6:00 pm Haskellpalooza: This event will promote the Mission of Haskell through various activities including: karaoke, giveaways, presentations, etc.

7:00 pm Scatter Their Own Concert: Scatter Their Own is an Alter-Native band from South Dakota that embraces their Native heritage and tackles environmental injustices.

Saturday, March 28th

5:00 pm Scatter Their Own Pre-sentation: Scatter Their Own will do a presentation over

modern issues facing Native Americans including the importance of education and suicide rates.

5:30 pm Sihasin Presentation: Sihasin will do a presentation regarding Future Native Leaders.

6:00 pm Irene Bedard Presentation: Actress and director Irene Bedard has had an illustrious career in the film industry. Some of her major roles include Smoke Signals, La-kota Woman, Pocahontas and many more. Irene will do a motivational presentation over the empowerment of Native peoples.

7:30 pm Sihasin Concert: The new band that arose from the ashes of Black Fire that utilizes their punk roots along with folk and pop to promote their message of hope.

Sunday, March 29th

12:00 pm Movies

5:00 pm Irene Bedard: Irene will present over vision, inspiration and careers.

6:00 pm Steven Paul Judd: Writer, director, producer Stephen Paul Judd has had an extremely prolific career in the visual arts with many awards and accolades in various mediums. Exclusive premiere of short film, Ronnie BoDean--Free to public.

7:00 pm Frank Waln Concert: Frank Waln is an award-winning artist who blends traditional and contemporary hip-hop sounds and was recently featured on MTV’s Rebel Music.

Monday, March 30th

5:00 pm Steven Paul Judd: Presentation and Q&A.

5:30 pm Frank Waln Q&A

6:00 pm Irene Bedard: Short Presentation and Q&A

7:00 pm Frank Waln:Concert

Haskell Mission Statement

The mission of Haskell Indian Nations University is to build the leadership capacity of our students by serving as the leading institution of academic excellence, cultural and intellectual prominence, and holistic education to address the needs of Indigenous communities.



Irene Bedard (Photo via IMdb.com)



Frank Waln (Pnoto via Twitter)



Steven Paul Judd

Haskell Women's Basketball Eliminated from the MCAC Tournament after Loss to York

by Tyler Jones

The Lady Indians End Historic Season in the MCAC with Three Straight Losses

Friday night was a pivotal game for the Haskell Lady Indians, as they would need to win to stay alive for the MCAC Conference Tournament Championship. For Haskell to win the title, the Lady Indians would need to win their next three games in the tournament.

Haskell entered Friday 20-8 overall and 9-5 in the MCAC, the best season so far under Head Coach Shane Flanagan. Haskell entered Friday pretty confident, as they had already beaten York twice this year, by a combined total of 24 points. York entered Friday with a 10-17 overall record and 4-10 record in the MCAC. York had also lost four out of their last five games before Friday.

In the first half, Haskell led at the break after a close half 36-34. The Lady Indians held their largest of the half 6:12 mark, up 29-20. York ended the first on a 15-5 run in the

final 5:34 of the first, to close the gap and take the momentum away from Haskell to end the first half.

York outscored Haskell 40-34 in the second half, but the lead changed 12 times and was tied four different times in the second half alone. In the last 5:28 of the game though, it was all York, as they never trailed again after a 3-pointer from Cory Minjarez. York went on to win 74-70.

Off the bench, Kourtney Meat led Haskell in scoring with 16 points, followed by 15 points from Jenine Coriz and 13 points from Keli Warrior. The Lady Indians shot 35.7% from the field. Not only did Minjarez score the go-ahead basket for York, but also dominated the night for 36 points. Leading York in scoring was also MacKenzie Eller with 21 points and



Courtney Swope with 13 points. York had an impressive shooting at 44.4% from the field.

York moves to 11-17 overall, 4-10 in the MCAC and advances on to the MCAC North Division Championship on Saturday night. If York wins that, they will move on to the MCAC Championship Game next

Tuesday.

With the loss, Haskell ends their MCAC 2014-15 campaign with at 9-6 in conference and 20-9 overall. The postseason is still a possibility, if they are selected as an at-large bid for the NAIA Division II Tournament at the College of the Ozarks in Point Lookout, Missouri.

Haskell Men's Basketball Falls Short against Waldorf after 2nd Half Push, Indians Eliminated from MCAC Tournament

by Tyler Jones

After a disappointing 8-22 regular season and a 6-8 conference season in the MCAC, the end was near for Haskell Men's Basketball. The Indians were looking to finish strong and rebound from their previous losses to Waldorf College earlier in the season. If Haskell could find a way to win, they would find themselves playing for an MCAC North Championship.

For York College, they entered Friday night with an impressive 10-4 MCAC record and 14-14 overall. Waldorf was on upset alert though, as Haskell already had two Top 25 wins earlier in the season, each against College of the Ozarks.

Waldorf jumped off to a fast start in the first half, leading 40-33. Waldorf shot an impressive 60% in the first

to fuel their 40 point half. By half-time, Trey Scott and Jordan Nelson were already in double-figures with 11 points from Scott and 10 points from Nelson.

At the half, Haskell was down, but not out. Haskell dominated Waldorf on the boards, leading 21-12. Haskell managed to shoot 40% from field in the first, off of their 33 point effort. Wilber Everett led Haskell in scoring in the first with 8 points, followed by 7 points from Duelle Gore.

In the second, Haskell emerged with a comeback, shooting 75% from the field. After trailing by 10 in the second, Haskell took their first lead of the game at the 7:07 mark. From there on out, it was back and forth until the very end, as the lead changed hands five times.

With 1:11 to go, Randy July put Haskell ahead 76-75. MCAC Player of the Year Jordan Nelson responded for Waldorf though, hitting a go-ahead jumper to put York on top 77-76 with :37 left. Needing a basket to take the lead, Coach Chad Kills Crow subbed-out Randy July for Sophomore Zack Bruns. Later though, Bruns would turn the ball over, which led to a foul and free throw to push York ahead 79-76 for the victory.

For Waldorf, Trey Scott came through with 28 points, followed by 18 points from Jordan Nelson and 14 points from Erik Brewer. York committed just 15 turnovers and shot total of 53% for the game in their path to victory.

Four players were in double-figures for Haskell, led by Randy July with 21 points. Following July was Everett with 16 points, Gore with 15 points and Dallas Rudd with 10 points. Haskell shot 55% from the field for the game, but committed 22 turnovers. Haskell also led Waldorf in rebounding, 33-23.

For Waldorf, they move to 15-14 overall on the season. On Saturday, Waldorf will square-off in the MCAC North Division Championship. If Waldorf wins Saturday, they will advance to the MCAC Championship Game next week, for a spot in the NAIA Division II Tournament. The season for Haskell, the season is virtually over. Haskell ends their 2014-15 campaign at 8-23 on the year.

Wichita State Shockers Standout Ron Baker Uses Star Power to Help Children

by Charlie Perry

Naismith Award Finalist and Citizen Band Potawatomi member shows that hard work and positive acts can propel anyone to success.

Thousands of Wichita State (WSU) Shocker Nation faithful stood in admiration as a mop top, blond hair, and blue eyed, shooting guard, from small town Scott City Kansas, gently hoisted eight year old Lucy Wallie up to cut down a piece of the net off the Koch Arena basketball hoop, celebrating yet another Missouri Valley regular season title for the Shockers. Ron Baker moments before motioned to a nearby security guard to pull Wallie out of the crowd for the experience. "She had my jersey on and had my signature on it and I just saw her in the crowd. Koch Arena is filled with families. It's a family environment and I just felt like someone needed to be a part of something special that happened today." Baker said after VIA his Twitter account.

Baker's love for children is no surprise. The 2015 Naismith Award Finalist has been actively involved with a number of organizations that cater to under privileged youth since his college basketball career began in Wichita Kansas. He brings smiles

of over 57,000.00 dollars raised for the organization, at the school's annual "Shockerthon" last fall. Since 2014 Baker has been a member of the "EnthusiAdams" team of college and professional athletes that share the common mission, "to leverage your position in the community while experiencing true joy by creating value for those around you." Baker also frequents the Saint Jude's Children's Research Hospital of Wichita to show his appreciation for his younger fans.

"I always like treating younger kids with a lot of respect when they come to our games. For one, I was in their position before, looking up to players that meant something to me. So I keep trying to treat those kids with the most respect and give them my time of day."

Baker's a small town kind of guy, born in Hays he grew up in Scott City, Kansas, where he quickly moved up the ranks to become a local high school basketball star at Scott Community High School. Despite leading his high school team to its first Class 3A state championship as well as being named 3A First-Team All-State in Kansas, Baker received little NCAA Division I interest his senior year. The Kansas City Star reported in March 2014 that only two NCAA Division I programs sent letters of interest to Baker; Arkansas-Little Rock and South Dakota State.

"There's about 2500 to 3000 people and 4 stop lights. 2 of them are for walk paths. In Scott City its very



Wichita State shooting guard Ron Baker hoists eight year old fan Lucy Wille up as she cuts down a piece of the net. The Shockers were celebrating yet another regular season Missouri Valley Championship. Photo obtained from Kansas.com

uncommon for Division I schools to see you play," Baker stated in a January 2015 interview with CBS.

Baker decided to walk on at Wichita State in 2011 where he opted to fine tune his game by redshirting his freshman year. His sophomore season for the Shockers brought improbable success as his team made a run at the NCAA National Championship before they were downed by the eventual 2013 National Champion Louisville Cardinals in the Final Four. Head Coach for the Shockers, Greg Marshall, commented on Baker's character at the 2015 Missouri Valley Conference Tournament Championship, "He's just dynamite, I'll go to the ends of the Earth with him and the rest of the team in the locker room, and I'm not talking coach speak here." Marshall went on to say, "I know he's a tough, physical, kid."

The Wichita State community has left an impact on Baker. After he scored his 1000th point as a Shocker Baker commented on his Twitter account, "After I scored my 1000th point as a Shocker I just looked up to my dad in the stands and winked. He winked back at me. I'm so lucky to be a part of such a tradition and family at WSU & to all those I've met in the process." Another com-

munity that Baker has the full support of is that of the Citizen Band Potawatomi where he is an enrolled member. Citizen Band District 4 Legislator Theresa Adame opened up about the Navarre family who Baker is descended from. Adame told the Citizen Potawatomi Nation Newspaper in April 2013, "The Navarre family has always had a very competitive spirit and been athletically talented and I am happy to see Ron excel at this level of competition."

Haskell sophomore Felicia Butler is a Wichita native and a member of the Citizen Band Potawatomi. Butler had kind words about Baker, "Ron has made me want to become something and be able to represent my tribe in a positive manner. I appreciate what he does for children with Cancer and other life threatening diseases. He's really inspiring."

Baker has done a great deal of positive things on his journey since small town Scott City. When he was asked what advice he would give to young people looking to follow in his footsteps he stated, "If I give them any advice, it's just be coachable in life. Listen to your peers. Let your guidance from your peers take you where you want to go."



Ron Baker takes a moment to pose with some of the children that attended the College Stars Basketball Camp where Baker was a youth coach. Photo obtained from Facebook

to his peers at Wichita State as he dances up a storm with Children's Miracle Network kids, to the tune

“The Committee of 101” in Partnership with the Kansas City Chiefs Annual “101 Awards” Sparks Mascot Conversation *(Continued from page 5)*

Former NFL Commissioner Paul Tagliabue also offered his thoughts on the mascot debate, “The only thing I really know about this issue is what I read in the newspapers. I hope progress is being made and it needs to be made. Roger Goodell understands that and the owners understand that. There are no easy solutions in this particular area.”

Arizona Cardinals Head Coach Bruce Arians applauded the states Native American fan base and offered his opinion on the issue as well, “We have some of the greatest Native American fans in the world. Actually our Family Foundation tournament will be held at Talking Stick next weekend. They’ve really supported us tremendously. Gila River is a big Cardinal supporter. We’re extremely proud to have them as great fans.

I think this mascot issue is more up

to them (Native Americans). If they find it offensive than get rid of them. If they don’t, and find it as a proud way to represent their culture, than keep the mascots.”

John Learned spearheaded the 8 member group that worked with the Kansas City Chiefs to create cultural awareness. Learned shared his thoughts on the issue, “What is the Chiefs mascot? It’s a wolf. You ask a lot of Natives that aren’t informed and they think it’s an Indian on a horse. They haven’t used anything like that since 1989. In my talks with Mark (Donovan) I feel we need to honor and recognize Native Americans during the month of November. I think all NFL teams should promote Native American Appreciation Month.

I grew up in a time of Indian empowerment. My mother called me and said we’re going to get “Little

Red” off the sidelines at Oklahoma. Two weeks later it was changed. I think this is a new time of education and empowerment. Dominant society lacks an understanding because our history is not taught in schools. The Chiefs organization is working with Native organizations to make that change.

They are passing out educational literature at games and it’s making a difference. At the beginning of the year I asked my group to count the headdresses in Arrowhead Stadium, we counted 50+. At the end of the season we counted 6. Mark (Donovan) talked with me and said before that they never gave it a second thought but now the progress we’ve made is like a beacon to them and us.

At the same time if our kids self-esteem is broken down by logos and mascots than we may be the ones with a problem.”

In loving memory



Bobby Crow Feather
1983-2015

*Sail on...sail on by
Your time has come to shine
And all your dreams are on their way
See how they shine
If you need a friend
I'm sailing right behind*

Miss HASKELL 2015 & HASKELL BRAVE

APPLICATIONS MAY BE PICKED UP FROM MISS HASKELL 2014-2015 ALISTA J. THORNE
APPLICATION RELEASE DATE: **MARCH 11, 2015** APPLICATION DUE DATE: **APRIL 1, 2015**
APPLICATION DEADLINE AT 5:00 PM

FOR MORE INFORMATION OR QUESTIONS CONTACT **ALISTA THORNE (928) 970-2044** OR E-MAIL **ALISTAJoyce@YAHOO.COM**

"WITH COURAGE YOU WILL DARE TO TAKE RISKS, HAVE STRENGTH TO BE COMPASSIONATE, WISDOM TO BE HUMBLE, COURAGE IS THE FOUNDATION OF INTEGRITY." -MARK TWAIN