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Track And Field Put Into Abeyance By Vote Of Athletic Department

Damon Peak

As the Acting Director of Intercollegiate Athletics, Mr. Gary Tanner has recently announced the decision to discontinue Haskell Track & Field. "It was a very hard decision for all of us to make," Tanner expressed. He added that "cutting the program was not a decision solely made by him, but it was a deci-

sion made by a vote from many of the coaches and administration." Coach Albert Gipp was not present for this meeting because of other obligations he had planned. Mr. Tanner stated, "We want to have the opportunity to build stronger programs. We make Gipp do a lot and he is spreading himself very thin, between

coaching 25 different events, coaching men's and women's Cross Country, recruiting for both sports, and running Thorpe, he has a lot to do." Mr. Tanner and Dr. Chenault had announced that this wasn't the first time it was decided to close the Track & Field program, stating that administration had made the same decision

to discontinue last year. During a public meeting that was conducted on April 5th, 2017, there were a lot of strong opinions being traded around the room between the administration, the coaching staff, and the student-athletes. Track & Field Athlete Elizabeth Davey who was a key member involved in raising petitions to save

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the Track & Field was greatly impacted about the way administration had handled the meeting. In reply to a comment that Mr. Tanner had made during the meeting she said, "As an athlete, we are constantly trying to improve ourselves, and we don't always get what we want, but I feel like what you're saying is not only for track and field. Improving yourself for scoring, whether that may be getting baskets at basketball games, hitting a homerun, anything, I feel like what you're saying to us is that if we don't make national requirements, it sounds like you're going to turn down any future student-athlete." (Elizabeth Davey, student) During a later interview, Tanner wanted to clear up any misinterpretations on some comments he had made earlier during the emotionally charged meeting. "Yes we do want to win, but it's not about being nationally qualified, it's about being at a respectable level of competition in College Athletics." He continues to state that the facilities, staffing, and budget are just not up to par with other competitive Track & Field Programs out there. "Our school works with one of the smallest budgets around", he added. The decision has made many of Haskell's athletes wondering if administration is going to stop there,

and many of those same student-athletes are actively searching for ways to hopefully reintegrate Track & Field in the future. Members of Haskell Track & Field have started petitions to save the program, but there is little that can be done because the decision to not include Haskell Track & Field as a part of the NAIA had a deadline on April 1st. Noting that there is no adequate places for Haskell athletes to high jump, long jump, not enough coaches, and as well as accepting the fact that sometimes athletes have to visit other tracks around Lawrence to get accurate times during practice, administration felt that their facilities were just too inadequate to support a competitive Track & Field Program. With the Athletic Department looking optimistically forward, they plan on spreading apart the budget more efficiently between the teams, hiring more coaching staff, and having adequate resources for every team. For next school year, Haskell Athletics looks to take a stronger initiative on recruiting as well. Tanner is actually preparing for a recruiting trip in the Southwest soon too. With Gipp getting a chance to shift more of his focus to Haskell's Cross Country team, and Tanner switching from Golf and coaching Softball next year, Haskell Athletics is making plans to move forward and continue to build.

Having Armed Students Safe? Or Extremely Deadly

Hunter Hotulke

Guns and College Campuses, when used together in a sentence usually have a tragic ending. Shootings on school campuses are unfortunate reality for many and a real threat for all grades of students. According to Everytown for Gun Safety, "As of February 12, 2016, there has been 7 school shooting incidents." An incident involving a student wielding a knife at other students on college campus after an argument over a stolen phone and raises the question: If students had concealed carry licenses and are allowed to defend themselves? Student Jake Bishop says, "As long as the person has the proper training and licensing, then he wouldn't mind." A teacher at Haskell University thinks

that this could have negative effects on the student's and faculty's safety. Tyler Kimbrell, Instructor of Speech Communication at Haskell, stated "As an instructor, it would make him feel less safe having weapons in the classroom. The solution to the gun problem is not more guns". Mr. Tom Spottedhorse, Supervisor of the Housing Department, when interviewed explained further how the police are trained to handle situations when there is a threat on campus. "The police have run training drills and shooter on campus drills here at Haskell, the unfortunate reality is that shootings occur and that students should be prepared for any situation and know what to do in case of an emergency."

Should Schools Teach Self-Defense?



Timothy Barber

Do you consider the world we live in safe? Ten out of ten Haskell Students, who were asked this same question, responded "no". Statistics given by the Kansas Incident Based Reporting System (KIBRS) Classification summary for Lawrence in 2012, Lawrence police reported: 58 counts of rape, 118 counts of kidnaping/abduction, and over 1500 counts of simple assault/battery. Todd Wilson, Haskell Freshman, says "self-defense would be helpful". Wilson also added that "everyone should have the opportunity to learn it because no one knows what's going to happen throughout the day". Depending on the situation self-defense could possibly save your life. Natosi Summers, who practices self-defense and is a Haskell Sophomore, states that "self-defense becomes more important the lower the economic stability of an area is". Summers gave examples of how Japan and China teach basic self-defense drills during school hours. Summers explained that self-defense training could benefit students through aspects of physical exercise. Tom Spotted Horse, Housing Supervisor, say self-defense is "important for males and females, and that it

would be 'advantageous' for worst case scenario situations." Spotted Horse also believes that if self-defense was offered it would impact campus "positively by having more students looking out for each other." While he also stated there "might've been incidents in the past where self-defense might've helped." Master Dwayne Lewis, Black Belt in Shaolin Kung Fu and Supervisor of Open Sparring Night, believes self-defense "should be taught in schools for the reason of ethics instead of protection". Master Lewis describes how "most martial disciplines will teach you to control your mind." Later explain that proper teaching and proper instructors, would help society become more enlightened and calm



Students to Hold Indigenous Tribunal on Earth Day

Lori Hasselman

A group of Haskell students have been spending their free time this semester preparing for the upcoming Indigenous Tribunal on Saturday, April 22nd. The tribunal will be an opportunity to learn about Indigenous paradigms of justice. The Dakota Access Pipeline (DAPL) issue will also be discussed within the framework of Indigenous justice. The day will include individual presentations and student and faculty panels starting at 9:00 a.m.-4:00 p.m. in Parker Hall room 110.

The students began working together as the result of a discussion in one of Dr. Wildcat's IAIS classes attended by Gable Roubideaux-Davis and Andi Weber. The two students took what Wildcat said seriously about exploring Indigenous justice through a tribunal. Davis and Weber shared the idea with other students and the group began to develop the tribunal last November. Other students who have been preparing for the the tribunal include Alexander Rodriguez, Jesse Campanero, Shane Lynch, and Cindy Farlee.

"This is a student led effort to explore the question of what is justice with respect to DAPL. In this Earth Day event, they will review the federal court case and possible Supreme Court effort for justice and compare it to an International Indigenous Tribunal process," said Dr. Dan Wildcat, IAIS professor. "This is really an important intellectual and legal exercise. If Indigenous Peoples cannot, as some Indigenous scholars are suggesting, receive justice in the courts of the conqueror, then the question of creating our own institutions for justice is critically important."

The core purpose of the students conducting the tribunal is to craft a document that they hope will act as a model for an International Indigenous tribunal. Statements and interviews within the Haskell tribunal will be recorded and contribute to the final document. The students want to eventually see the document presented to the United Nations as a declaration of purpose, and possibly be added on as an addendum to the permanent council on Indigenous affairs.

"This is the pilot of a program we hope will occur every semester. We



want to bring in international issues besides the ones occurring on this continent. Our final goal is to make this a two-day affair and invite people outside the institution and maybe outside the country to come in present and discuss these issues and perhaps building up to a much bigger conference," said Alex Rodriguez.

According to Gable Roubideaux-Davis, the students also want to provide something practical that attendees can take home and possibly apply the information to their own traditions or tribal processes.

The day will include two panels that will first outline the DAPL case and will show what the case looks like in a federal court system, pointing out that the current system is not equipped to handle issues in an Indigenous way. The United Nations Rights of Indigenous Peoples declaration will be introduced and how it relates to DAPL followed by a mock Indigenous Tribunal in which one group represents pro-DAPL and another against DAPL. The tribunal will then hold a decision. A second panel will discuss why the Indigenous justice system needs to be modeled.

"I think it's important that we are really showing the differences in thought contrasting a Western point of view with an Indigenous point of

view. It's here and we have to deal with it and everyone should be aware of that problem," said Shane Lynch.

The students have been in contact with individuals outside of Haskell who have helped them prepare for the tribunal. Groups such as KU Law and the International Committee on Indian Treaties have expressed interested in becoming involved after the pilot event.

"We have people that Dr. Wildcat has connected us with that have been providing a lot of help and guiding words. Dr. Wildcat has been amazing help as well. We each came with our own personal set of relationships that have provided the group information along the way too," said Roubideaux-Davis.

The students each have different reasons for wanting to participate in the tribunal.

"I was active in the DAPL protest and I had to take the chance to do something," said Jesse Campenero.

Cindy Farlee added, "I grew up in a very political family that had ties into relations with the U. S. government and other tribes, so I just like the idea that we are trying to come together and bring these issues forward for everyone to see."

Contribution from the student community is key to creating the document the group will be working on now and in the future. All are encouraged to attend the tribunal and participate. The group points out that the environment is an issue that involves everyone, including our Lawrence neighbors. Input from everyone is needed.

"It is events like these at Haskell that really set the tone for what education means and will do for Indian Country... Our degrees will be our tools to re-indigenize our everyday life for our communities and families and everyone should remember just how much purpose they have," said Andi Weber. "This event is the first of its kind and I am truly excited to see where it will lead our students and University."



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Haskell English Professor Designs Four Thunders, Native American-influenced Board Game

Damon Peak



Over the course of 3 years, Haskell University English Professor Smokey McKinney has molded a simple creative idea into a board game called “Nyew Jigwe’k”, or Four Thunders as translated in English. Being a part of the Prairie Band Potawatomi Tribe, he says his board game draws inspiration from the Potawatomi culture and creation stories he grew up with, stating, “It’s based on the idea of balance and circularity, things having a life cycle and coming back around, kind of like the four directions and the medicine wheel.” Each game-piece being white, red, yellow, and black, they occupy a continually expanding and contracting gameboard that is reminiscent of Potawatomi stories of the expansion and eventual reduction of the world we live in. This always changing gameboard is unique compared to other games. Smokey says, “This is not something I have seen anybody else

do”, while also further revealing that he loves to play a French game called Carcassonne, which is where he drew his size-changing gameboard inspiration from. After many playthroughs with game-makers and students, Four Thunders is at its 7th version. Haskell University Student and Haskell Band President Rain Charger was one of the numerous students that got to experience a playthrough of the game. “I really think casual gamers who just play Monopoly and other similar games would like it... It could even appeal to people like me because I usually play more intense games like



Magic the Gathering, or Dungeons & Dragons” explains Rain Charger. He also adds that he wouldn’t mind playing the game again real soon. Professor McKinney is also excited as he makes plans to launch the game, stating that he “is just working out the small details”, and that he is done making any big changes to his game that are “global”. McKinney plans to start a Kickstarter Fund very soon and is looking forward to promoting the game to people everywhere. “I think this game can appeal to both a Native American and a non-Native American audience”, stated McKinney. Being a part of a group called

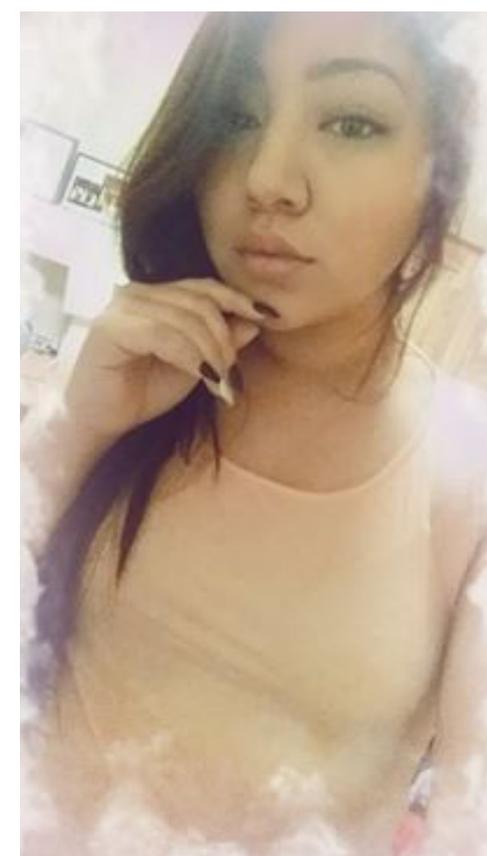
Kansas City Game Designers, he says he has been getting a lot of positive feedback. This group has had success in publishing board games before, as they have put out other board games such as “Mow Money” and “Transylvania”. In being involved with this group of like-minded game makers who also enjoy making board games as a hobby, he hopes that Four Thunders will be well received by people from all around, whether that person may be Native American or not.

Summer Plans

Hunter Hotulke

With the semester ending, many of our students will be making plans for the summer. After classes are over May 19th, many students will begin their summer vacation. Some will leave for vacation, get a job to save up some money, or maybe spend their summer catching up on all the sleep they lost over the semester. Brooke Rodas, student and member of the Omaha Tribe of Nebraska and Ponca Tribe of Oklahoma; said she will be returning to her home in Nebraska. She plans on getting a job to earn money for the next semester also plans on taking a vacation to San Lorenzo, Guatemala. Megan Guy of the Cheyenne and Arapaho Tribe, said her summer will start here at Haskell with sum-

mer classes. After classes, she plans to go home to Oklahoma and spend time with her friends and family. She says that she wants to take a road trip near the end of the break, although she is unsure of the destination. Joshua Bell from Ogden, Utah, is a student at Haskell and layout editor of the Indian leader. He plans to begin work on a photography internship from OG music taking photographs of many different live music events over the summer. Joshua enjoys photographing concerts and listening to the music. Joshua is a sophomore and a member of the Northern Arapaho Tribe.



What is AIHEC?

Michael Begay

What is AIHEC? AIHEC stands for The American Indian Higher Education Consortium (AIHEC), which is made up of the nation's tribally and federally controlled colleges and universities. AIHEC is made up of 37 Tribal Colleges and Universities throughout the United States. "AIHEC's inception in the mid-1970s is advocacy—telling the stories of the Tribal College Movement. Over the past three decades, AIHEC has worked to help ensure that the principle of tribal sovereignty is recognized and respected and that Tribal Colleges and Universities (TCUs) are equitably included in this nation's higher education system. Students will engage in competitions designed to foster strong academic achievements in STEM, history, literature, and the arts. This event brings together future leaders of Indian Country and serves as a national gathering and training ground

for native youth." (www.aihec.org) The 2017 AIHEC Student Conference was held in Rapid City, South Dakota on March 18th- 21st, 2017. This year Haskell Indian Nations University participated in almost every competition: Archery, Art Exhibitions, Business, Chess, Critical Inquiry, Film Festival, Hand Games, Knowledge Bowl, Mr. and Ms. AIHEC, One Act Play, Poetry Slam, Science Bowl, Scientific Oral Presentation, Scientific Poster Presentation, Speech, Traditional Plants and Herbs, Volleyball, and Web Design. Each year the Haskell AIHEC Team is made up of enrolled students who meet the academic requirements and who will represent Haskell well. Each semester Haskell forms an AIHEC Club to determine the Team that will compete in each category. This year's AIHEC Club President is Shannon Hawkins and the Sponsors are Josh Arce and Racheal

Deo. At beginning every Fall semester AIHEC Team they have sign-ups for each category and is open to enrolled Haskell students.

Ray Spute Enas a Sophomore, is competing in this year's archery and Hand Games category. When asked what preparations have been made to get ready for AIHEC Ray stated "so with archery we've been practicing every day for about an hour till or hour half and have been practicing for about a month now. Just because we didn't have the right bows provided we had to pull some funds to get to get them." Spute Enas reasoning for continuing with AIHEC was because of her experience in the 2016 AIHEC competition. "Last year was my very first semester here couple of my friends who were competing in the Hand Games; we started playing and I found out they were playing for AIHEC. So I asked what is AIHEC? And they told me what it was about and I went and it was pretty awesome." Troy Watterson a Sophomore competing in Art Show in the beading category; is also Co-Captain of

the Hand Game team for Haskell and mostly running Southwest Region Regional Representative for AIHEC Student Congress. When interviewed about preparation Troy explained "all of my other beading projects have been put on hold so I can finish up my piece for the art show. What would be very nice for the hand games is trying to arrange the best time I can for all my players so they can all make it to practice and as for running for Student congress my main plan is campaigning and working on my speech" For the Art Show of the AIHEC competition Troy gave a little insight to what he has been working on. "I'm currently making a porky roach, a traditional plain Indian dance style head dress, and I'm also doing a fully beaded spreader" Watterson later shared in the interview how AIHEC was introduced to him "When I first came here back in 2015, my first semester I caught wind of it in the ending weeks of the semester at Haskell. So when I thought about joining AIHEC it was mostly to check out the hand games which I was a big pro for."

Contribution Hours:

Would Students Contribute Today?

Travis Campbell

What have you done to make Haskell a better place? What could you do? For over 100 years our school utilized the skills and availability of its student body to help ensure that things ran smoothly. From the early decades of Haskell Institute's history until the discontinuation of the vocational programs students' contributions around campus ranged from tasks essential to the school's operation such as cooking the meals at Curtis Hall and performing skilled manual labor with the construction of a number of the buildings still standing on campus today. In more recent years students' contributions included working alongside facilities crews to clean and maintain buildings as well as assisting in the various offices around campus. The time that the students spent performing these



tasks were referred to as Contribution Hours and were a requirement of all students living on campus. Tom Spotted Horse, Supervisory CRA in the Housing Program, was

kind enough to explain a bit about how this program worked and why it was discontinued. Students living on campus were required to work 40 hours every semester (10 hours per

month) as one of their requirements in order to live in the dorms. In addition to serving an important role in reducing operational costs, the Contribution Hours resulted in students feeling as though they had more of a stake in the University and served to inspire the feelings of loyalty to Haskell that is so prevalent in many of our alumni today. Jancita Warrington and Rhonda LeValdo, both Haskell graduates who were required to fulfill Contribution Hours during their time as students, stated that completion of the required hours led to them feeling a greater investment in the school. Ultimately the Contribution Hours program was discontinued more than a decade ago when it was realized that the paperwork used to verify that the students had completed the required hours was being filled out without the students completing the hours. Spotted Horse related that when he first heard of plans to discontinue the program he advocated

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Contribution Hours Cont.

for Contribution Hours to remain a requirement for freshmen living on campus as he had seen the impact it had on students and wanted for them to continue to feel that sense of appreciation for the school. This recommendation was decided against as it was relayed by administration that such a policy would have to apply to all students living on campus, not merely the incoming freshmen. How would students living on campus today would feel about donating some of their free time to help out around campus aside from participation in organized events such as various campus clean-up projects?

Randy Nagitsy, On-Campus Student Not every student knew about the Contribution Hours on Haskell, student Randy Nagitsy mentioned how he never knew about the requirement but he wouldn't oppose it if it was still around. "It's a requirement we had in boarding school and I was used to it. I had to mop halls on my floor before bed." (Randy Nagitsy) When asked if the Contribution hours would benefit the morale on campus Nagitsy explained; "contribution hours would boost morale, but that's still the boarding school mentality. I remember on Saturdays at Chemawa we were

given a trash bag and were told we had to fill the bag or we would be written up for not doing "Detail." In retrospect, it was very militaristic so it would depend on what is asked of us. I feel that the current state of HINU student morale is a reflection of the administrative decisions that have been made. Students could be more active in University discussions. Unfortunately, as a student, I'm finding it hard to answer. It's sad, but I honestly don't know. Many of us come from the Rez and we are exposed to "Rez Politics" and often shut it out. I think students having friends and being social amongst

their peer group is what keeps them sane." (Randy Nagitsy, student) Andi Weber, On-Campus Student Andi Weber a senior at Haskell, stated how she did know about the Contribution Hours at Haskell. When asked if Haskell still had this requirement how would she feel about it, Weber explained "yes, I think it would help boost the morale and also help students learn more about and take pride in Haskell for all it has been and will be." Later mentioning in the interview how by "taking better care of the Haskell community it would make the campus a safer, cleaner and healthier environment."

2017 KU Pow-Wow and Indigenous Festival

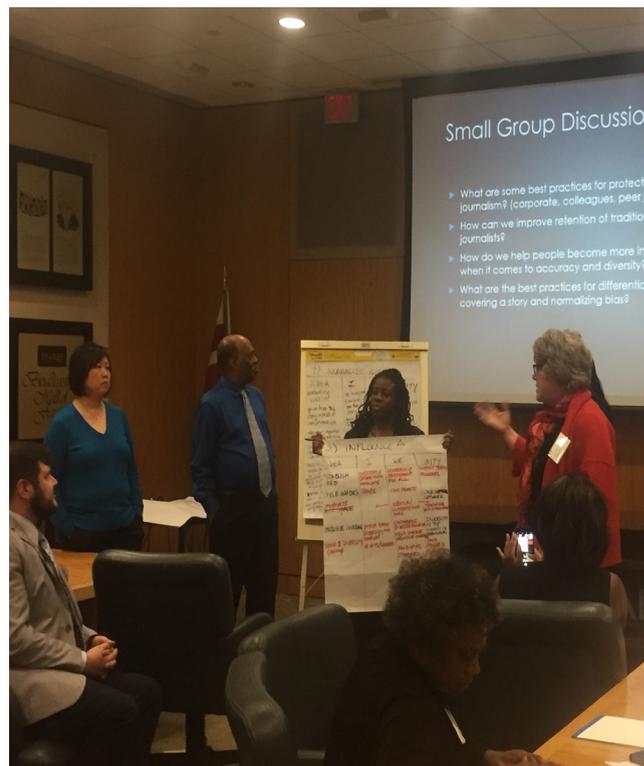
Timothy Barber

On April 1, 2017 Kansas University held their Pow-Wow and Indigenous Culture Festival at the Lied Center of Kansas. The first grand entry began at 1:00 followed by various Intertribal and exhibition dances, also the contest dances for the junior/teen boys and girls were held. Haskell's Alaskan Club had a dance special in between grand entries at 4:30. Andy Biscoya, President of the Alaskan Club, said he "wishes more Alaskans could appreciate their performance." At 6:00 the second grand entry began. A men's vs. women's fancy special, chicken special, and a team dance special were held. The contests for Golden Age men and women, and Adult men and women occurred between exhibitions and intertribal dances. Haley Madden, Delaware Pow-Wow Princess 2016-17, says "The Pow-Wow allows many of Haskell's students to showcase the various dance styles of their tribes." The songs were performed by the host drum Young Bear, the invited drum Red Society, and the drum group Red Hill.

Other events went on for

the festivities throughout the day such as a series of speakers, various hands on workshops, and indigenous films. While also including activities for the children.





Fake News and the Art of Journalism

Rachel Whiteside

Is “Fake News” damaging the art of journalism? The topic was one of many that was discussed during the UNITY Journalists Diversity Caucus held in Washington D.C. at the National Association of Broadcasters Headquarters. Jill Geisler who is Bill Plante Chair in Leadership at Loyola University was the moderator for the event and helped cover the many topics such as Covering Communities, Real News, Diversity in Political Media, and Newsroom Diversity. Geisler started out with a strong opening speech stating how every journalist has a story to tell, and how their must be a quest for diversity in the newsrooms. Those in attendance discussed how news organizations can respond to the increase in violent and often racially motivated attacks towards journalists and others. Carolyn Ryan, Senior Editor for Politics of New York Times were brought up the topic on how reporters are being framed in a bad light or targeted with bad propaganda to divert from actual reporting news. Carrie Budoff Brown, editor of POLITICO mentioned that “editors need to show more emotion towards their reporters. Journalists need to band together to reverse the demonization of American institutions, and to say that press doesn’t matter.

When did press become the enemy?” In “Covering Communities”, Michelle Lee of the Washington Post was the guest speaker on this topic with her involvement in the Asian American Journalist Association (AAJA) and their new task force covering Muslim America. “Covering Communities” gives ideas on how news organizations can help cover stories in diverse communities where people are most affected by policy changes as well as the public attitudes towards immigration and civil rights. AAJA created a Muslim American Task Force due to Donald Trump’s immigration ban this early year. The Muslim Task Force helps protect Muslim Americans as well as other minorities affected. Lee explained there needs to be more journalist that are educated in covering well diverse communities, “many people have stories to tell but no one to tell it too, the Asian American Journalist Association (AAJA) gives those people a chance.”— (Michelle Lee, Washington Post) Speaking on “Diversity in Political Media” Farai Chideya of Fellow brought up diversity tracking race and gender among reporters covering the 2016 election. She explained how there was a lot of slander and attack on journalist credibility happened a

lot during the 2016 presidential election. “Whiteness” was mentioned and how the newsroom can report or discuss how it affects journalism. Should the news room cover “whiteness” in the media and a lot of the members of the conference agreed that it was of importance. Chideya explained how journalist of minorities and mainly minority women journalist are not represented in the newsroom. Lastly, “Newsroom Diversity” was brought up with Simon Moya-Smith of Indian Country Media Network and Jesse Holland of AP Race and Ethnicity who gave their experience on diverse backgrounds dealing with the growing pressure to be advocates for their communities. Moya-Smith stated “people should be educated more when it comes to interviewing another race or ethnicity. Many journalists have made the mistake of saying or interpreting what is going on in that community poorly and having the community looking bad in the end.” Holland mentioned how it is very important to separate personal feelings when reporting, “a journalist must not be emotionally involved” stated Holland, “you should know where your personal bias is and you have to know where your tolerance is, by understanding and knowing both is what really makes a good

journalist. Not all stories will be tolerable and as journalist we must be prepared to report on stories that are gruesome or depressing.” The annual Unity, Journalist for Diversity Conference overall was a successful event, covering the topic of “Fake News”. Opening a wide range of new issues brought up in the newsroom that weren’t even thought of before such as creating a Rapid Response Team or Muslim Task Force. These ideas help protect journalist and the communities that are targeted by social media or mass media, it’s the job of a journalist to report on what happens within the communities and to report on truth. Slandering and destroying the credibility of a journalist ruins the art of journalism and the 2017 Journalist for Diversity Conference was able to battle the defamation of freedom of press.



Opinion



Selma John

Shanice Chatlin

Hello, my name is Shanice Chatlin. I am a resident at Pocahontas Hall, where Selma John worked the night shifts. I first met Selma a couple nights after I had just got here. A friend of mine had asked me to ask her for fifty cents. I was scared because I mean I haven't even met the lady and I get told to ask her for money, which was really weird to me. But I asked for fifty cents and she didn't have fifty cents, instead she had a dollar. She gave me the dollar and ever since we started talking. Sharing memories and making memories.

Mind you I just came to Haskell Indian Nation University this semester. Selma had that much of an impact on my life. I stayed late almost every night talking, laughing, joking and of course eating with her. The Friday morning when a lot of us girls left for spring break was the last time I got the chance to hear Selma's voice. She was cleaning up the lobby taking the trash out and she asked me what I would be doing for spring break and I went on to tell her I was going home, so she hugged me tight and told me to behave and that she'll keep me in

prayer but for me to also keep her in prayer. We were dancing because I had music on and I asked her to dance and we had a grand time together.

I strongly believe that Selma is in a better place. The Tuesday before she died my pastor Mrs. Main and I went to go pray for her and lead her through the sinners prayer, because the last thing people usually lose is their hearing. I know she heard us and prayed with us as well.

I'd like to encourage all those who are grieving for the loss of such a beautiful person inside and out to know that she is in a way better place right now. No more suffering, no more heartaches. She gets to be face

to face with our Lord and savior Jesus Christ. For the word of God declares that God is close to those broken in spirit. So when you feel your heart breaking for this wonderful individual or anyone else who have gone to be with Jesus, I encourage you all to cry out to God and he will be right there waiting with open arms ready to comfort you. For he is a God of comfort, so I tell you all to just give the heaviness to God and he will carry you through the good and the bad, his word tells us he will never leave us nor forsake us. God bless you all.

Ethically Blameless

Sabrena Rope

Mainstream society has shaped our understanding and perception of Native American culture. The death and Americanization of our ancestors has destroyed our history as it once was, and has shaped today's Native people in the sense that we ourselves are not able to identify who we are as a people, but rather who we are taught to be through society's stereotypes and consent. From Disney to literature we have been given the perception of blood thirsty savages, to the noble savage, to becoming almost nonexistent. What many outsiders do not see is the struggle Native Americans have on a day-to-day basis. Each generation is on a constant battle to keep traditions alive while groveling through the mundane task of making a living in order to stay afloat in today's society. Though Native Americans fight through numerous inherited problems some of the things dominated by American culture are powwows, wealth, and education.

Powwows are defined as a gathering of medicine men and spiritual leaders which usually referred to a religious ceremony (Manataka American Indian Council). It has

been Americanized today in the sense of almost everything it is. Even the word doesn't have its original pronunciation of pauwau. Through the use of modernized colors and regalia made to be flashy whereas it began as a celebration for our people and nothing flashy at all. Today, it is more for entertainment and competition but was originally a mere gathering of our people to celebrate things like marriage or victory. People and visitors of all nations travel from hundreds even thousands of miles away to participate and sell merchandise when it really should be a celebration or sacred ceremony. Through the use of mass media, such as the internet or magazines, powwows have been made to attract larger audiences through their flashy colors, and merchandise sold, and the 'spiritual connection' to their traditions or tribes represented.

If you ever came across a reservation, it is apparent that we as a people are struck with poverty and the lack of economic development. This too is because of an Americanization of wealth. Before the settling of our 'founding fathers', wealth to



a Native American meant the ownership of horses and cattle. Today wealth is advertised through newspapers, TV shows, and magazines as who owns the most land, resources, and money. "Indian Nations are poor today because they are shackled by a federal regulatory environment that dates back to 1934, when Congress passed the Indian Reorganization Act

(Anderson)". This Act caused Native Americans to be 'ward of the courts' and left on the poorest parts of the country to have their land use regulated and overseen by the government. This has created corruption and greed not only among Apache leaders but other Native American leaders as well. Similar to aggressive stimulation, and observational learning,



Ethically Blameless Cont.

corruption and greed has inspired our leaders to act out what is reported in news, or movies even though this did not exist in our cultures before.

It was easy in the old days for our ancestors to teach their young. Without the distraction of YouTube, social media or educational institutions, it was all that was known. Today, education comes from everything around us. We are not only shaped what to like, what to desire, but what is considered right and sometimes unethical. Mass media has changed education through being taught to question everything. When our ancestors taught their young, it was never questioned. We were taught to respect our elders and I'm sure whatever they said went. Nowadays, our generation wants to know why. Answers can be found on TV, the internet, or anywhere desired and even then, it is not the way we as Native Americans were taught. This alters what our elders are try-

ing to teach us. An example would be medicinal plants. Our elders can give us a plant that is meant to heal us in some way but we can easily look online and find something that is advertised to be the best remedy.

Cultures have changed and developed into what they are today through the use of mass media, and the American culture. Though powwows today are for entertainment purposes, in some ways it helps tribes be connected to their people. Through learning their dances, and ways of making native jewelry, it helps bring families together by learning of their cultural backgrounds. Returning it back to their own tribal culture would mean returning it to what it was meant to be, a celebration and sacred ceremony. Wealth in our tribes can be restored through the strife for education to our people.

If people are educated enough to run for office, and have knowledge of who they are electing, so much can

change. Wealth can also be restored by having the freedom of government rule. "By combining these ingredients, Native Americans can rise out of poverty and have the dignity they deserve" (Anderson). In order to keep our traditions alive, the knowledge of our elders must be known. The best way for this to be done is by recording it. Textbooks have been used for centuries to teach things and I think that if schools on the reservation created a textbook of their traditions and is taught in their schools, some hope might be in place. Mass media has a profound impact on the perception of everything we do, whether we are at work, driving, or just lounging at home, there is no avoiding it. American colonization of Native Americans has permanently changed the culture and lives of our people. The one thing to defend what we have left of our culture and recreate the poverty is education. Educating not only our

people, but those around us can make an effective impact. Education can change the image given to us by Disney, literature, and other mass media. We are not mere blood thirsty savages, we are not mere noble savages, and we are not nonexistent. We are people struggling to keep our own traditions and culture alive in a culture that changed our identity.

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College Recipes

Diamond Williams



Sweet Potato Muffins

- 1 Lg Sweet potato (Fresh)
- 1 Lg. Egg
- 2 Cups. Flour
- 1 Cup. Sugar
- 2 Cups. Brown sugar
- 1/2 Cup. Milk
- 1 tsp. Fresh grinder
- 1 tsp. Salt
- 1 tsp. Baking soda
- 1 tsp. Baking powder
- 4 Tbsp Cinnamon
- 1/2 Stick. Butter(room temp)

1. Set oven to 350°
2. Peel sweet potato, cut into cubes
3. On stove, place pot with half water on high. Place vegetables steamer over pot. Add potato. Steam got 25-30 mins until the pieces are soft to the touch.
4. Remove from steamer and place into food processor. Add Egg and 1 Tbsp Cinnamon into food processor with sweet potato. Process for about 1 min or until there are no more chunks and you are left with a creamy paste.
5. In a large bowl, mix together Flour, baking soda, baking powder, salt, sugar, 1 Cup brown sugar, 2 Tbsp Cinnamon, fresh ground ginger. Mix until well combined.
6. Add sweet potato mix into flour mix. Stir until fully combined, mixture will be really thick.
7. Once all combined, add milk and mix until it turns into a cake bat-

ter consistency. Set aside

8. With room temp. Butter. Add butter and 1 Cup brown sugar into a separate bowl. Mix until fully combined. Set aside
9. Fill cup cake sleeves 1/2 way full, sprinkle brown sugar mix over batter in cup cake sleeves.
10. Place in 350° over for 15-18 min or until muffins are fully cooked(knife or toothpick comes out clean)
11. Remove from over, remove from pan and let sit for 5-10 mins. Serve warm and enjoy.



Fresh Corn on the Cob

- 4 Corn Cobs
- 1/2 Stick Butter
- 1 tsp Seasoning Salt
- 1 tsp Black Pepper
- 1 clove Garlic

1. Clean and husk the corn cobs by running under cold water, pulling back leaves but leaving them attached. Removing stringy hairs from Corn and rinsing off. Set Aside to dry
2. In a microwaveable bowl. Put butter and dice Garlic. Microwave for 10 sec. or until Butter is soft.
3. Add seasoning salt and black pepper to the butter. Mix until well combined.
4. Spread mixture over raw corn, then replace leaves over corn. Roll in tinfoil.
5. Place tin foil rolled corn cobs on grill rack or over @450° for 25-35 mins.
6. Let sit for 5 mins, unwrap and serve.

Enchiladas

1 Whole. Rotisserie Chicken
 10 Flour tortillas
 2 cans Green chili (chopped)
 1 Onion
 1 Sm. Black Olives(diced)
 1 10oz Green Enchilada Sauce
 2 10 oz. Red Enchilada Sauce
 4 Cups Shredded Mexican cheese mix

1. Set oven to 400°
2. De-bone chicken, cut into cubes, about 4 cups of chicken. Set aside
3. Dice Onions and add to pan on stove on med heat with a drizzle of oil. Let caramelize.
4. Once onions have started to caramelize, add chicken and can of green chilis.
5. Stir until well combined, add green enchiladas sauce and stir until mixture starts to boil.
6. Add half can of olives into mixture and 1 Cup of cheese. Mix until cheese is melted and everything is well combined. Remove from heat.



7. In pan, pour half Can to over the bottom of the pan. Pot the other half onto a plate(big enough for tortillas)
8. Place tortillas into Sauce, covering all of the tortilla.
8. Place tortillas into Sauce, covering all of the tortilla. Remove and place onto clean counter/ cutting board. Scoop the Chicken mixture with a big

9. Pour can of red Enchilada sauce over rolled enchiladas in pan. Make sure ends of Enchiladas are covered in Sauce.

10. Sprinkle 1 Cup of cheese over Enchiladas and the remaining of the diced black olives.
11. Cover with pan with tin foil, place in over for 30 min. Then remove tin foil from pan and place back into over for 15 min or until cheese on top has started to brown.
12. Remove from over, let sit 5-10 mins. Serve and enjoy.

Beef Kababs

2lbs Beef Steak
 2 md Zucchini
 2 md. Yellow squash
 1 Yellow Bell Pepper
 1 Green Bell Pepper
 1 Lg. Yellow Onion
 1/3 Cup Soy Sauce + 2 Tbsp
 1 Tbsp Sesame Oil
 1 Tbsp Lime Juice
 1/3 Cup BBQ Sauce
 1 Tbsp. Worcestershire Sauce
 1/3 Cup. Brown Sugar + 1 Tbsp
 2 cloves Garlic
 1 tsp Fresh Ginger Root
 1 Tbsp. Sriracha
 1/3 Cup. Water

Beef

1. Cut steak into cubes, about 1/2 inches. Place into ziplock bag.
2. Dice one clove of garlic, shred 1 tsp of ginger root. Add to ziplock bag.
3. Add 1/3 cup Soy Sauce,

Sesame Oil, Lime juice, BBQ sauce, Worcestershire sauce, and 1/3 Cup Brown Sugar.
 4. Close bag and shake until all meat is coated. Marinate for 1 hour.

Zucchini and Yellow squash.

1. Wash and rinse, cut of ends, cut in half lengthwise, cut into Cm. Think pieces. Place into Ziplock bag
2. Dice 1 Clove of Garlic. Place into ziplock bag
3. Add 2 Tbsp Soy Sauce, 1 Tbsp Sriracha, 1 Tbsp Brown Sugar, and 1/3 Cup water to ziplock bag, marinate for 20-30 mins.

Bell Peppers and Onion

1. Chop Onion and Bell pepper into 1 inch pieces and set Aside.

Kebabs

1. Get 10-15 skewers. Layer



- skewer by alternating between vegetables and meat. Adding 3 vegetables, meat, 2 vegetables, 2 meat, 3 vegetables, 3 meat, 2 vegetables, meat, and an vegetable to end it(could be any order you prefer).
2. Once all skewers are done, place into hot grill for 20-25 min. Or in the over @ 350° for 25 min.

3. Remove from heat and left sit for 5 min. Sever and enjoy.



Sour Patch Kids Grapes

- 4 Cups- Hard Green Grapes
- 1 Pack- Strawberry Gelatin
- 1 Pack- Lime Gelatin
- 1 Pack- Raspberry Gelatin
- 1 Pack- Orange Gelatin
- 2 Tbsp- Lime Juice
- 4 Ziplock Bags

- grapes
- 3. Divide Grapes into 4 bags, 1 Cup each.
- 4. Add each gelatin into separate bags, just enough to coat Grapes, 1/2 packet of flavored gelatin.
- 5. Shake to make sure all Grapes are coats. Plate and serve or freeze for one hour and serve.

1. Separate, Wash and rinse grapes, place on towel and let dry.
2. Once dry, add lime juice to over



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